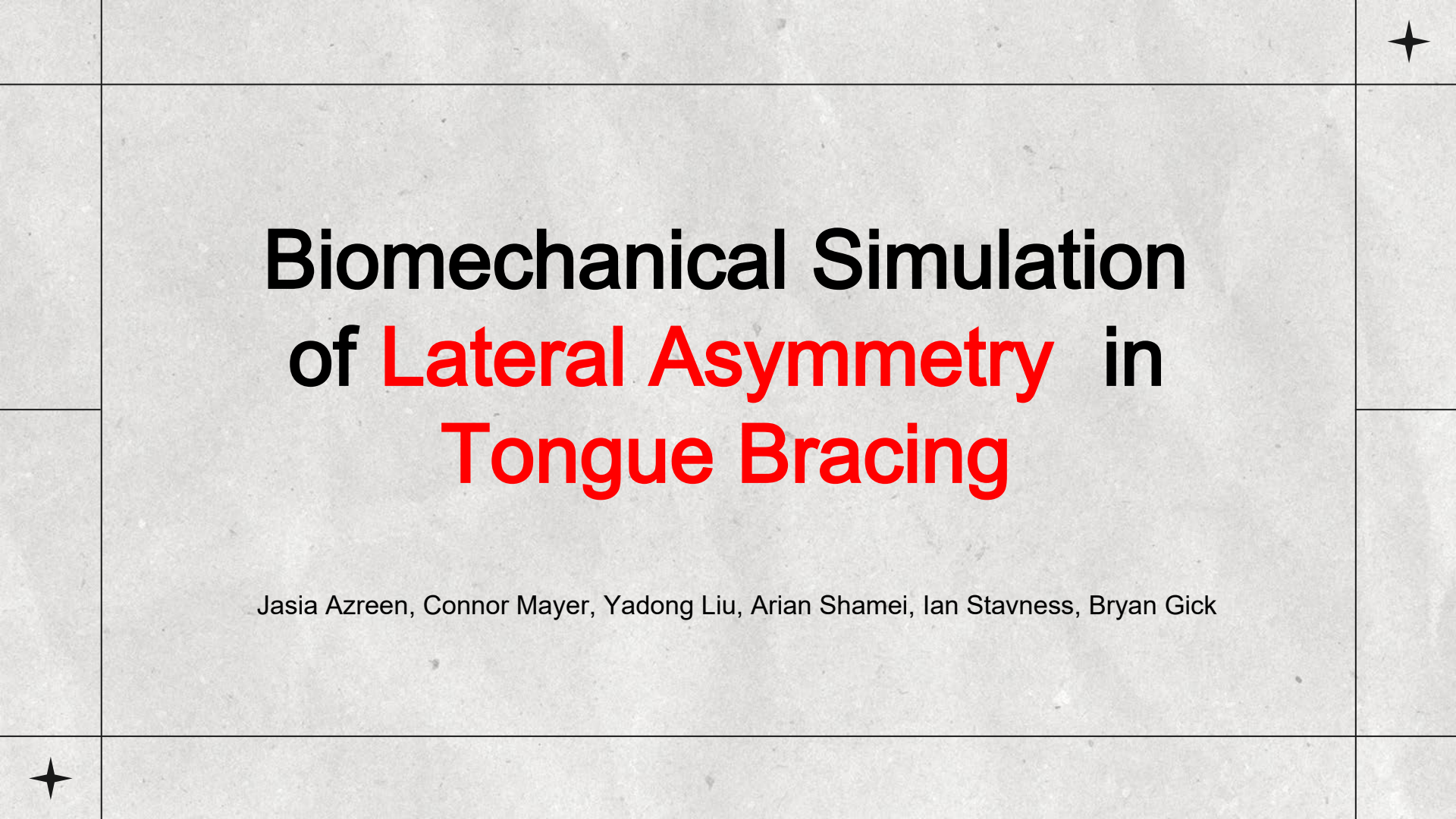


Biomechanical Simulation of Lateral Asymmetry in Tongue Bracing

Jasia Azreen, Connor Mayer, Yadong Liu, Arian Shamei, Ian Stavness, Bryan Gick

Biomechanical Simulation of **Lateral Asymmetry** in Tongue Bracing

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Biomechanical Simulation
of **Lateral Asymmetry** in
Tongue Bracing (in speech!)
^

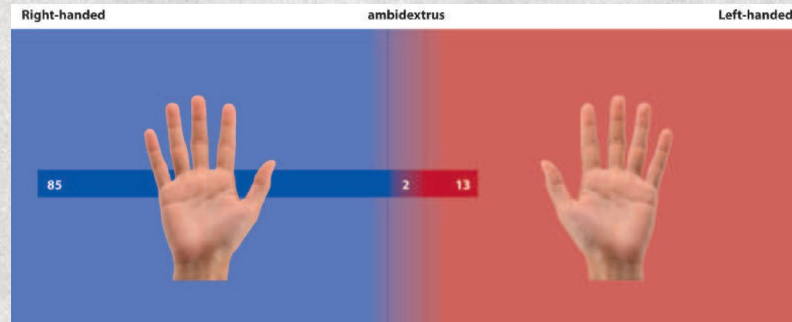
Jasia Azreen, Connor Mayer, Yadong Liu, Arian Shamei, Ian Stavness, Bryan Gick

Lateral asymmetry (a.k.a. “-edness”)



Images from:

Handedness



Bessi, F. (2016). Laterality in artistic gymnastics. *Biodinamica* 30 (1).

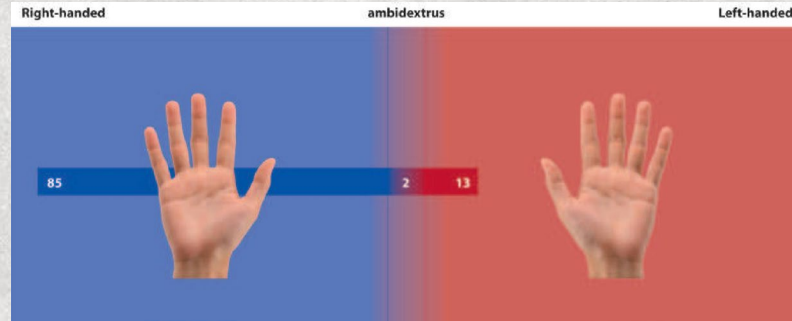


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Handedness may be the best-known *lateral asymmetry*, but...

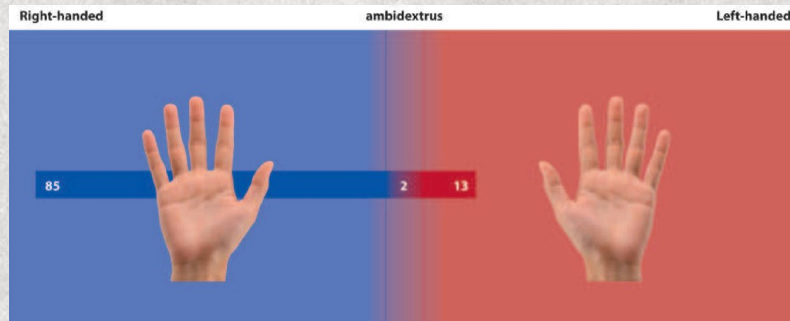


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Many lateral asymmetries are aligned...



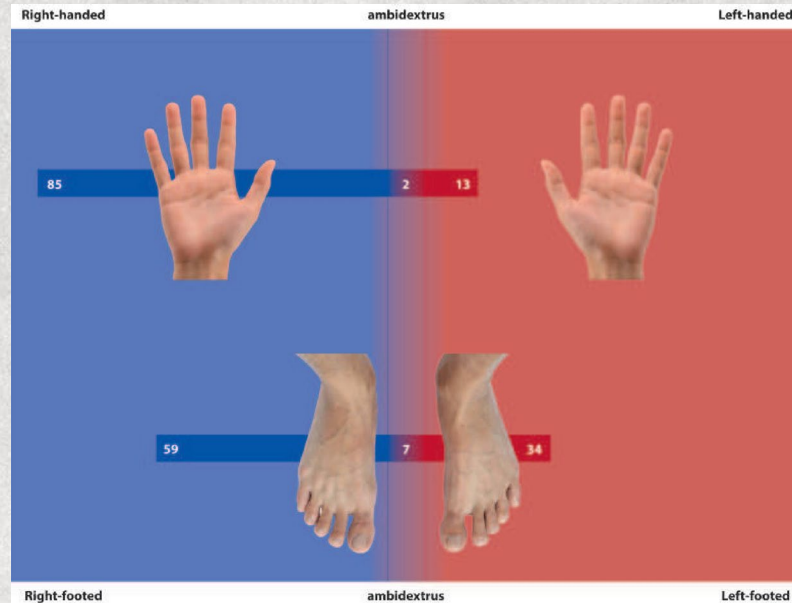
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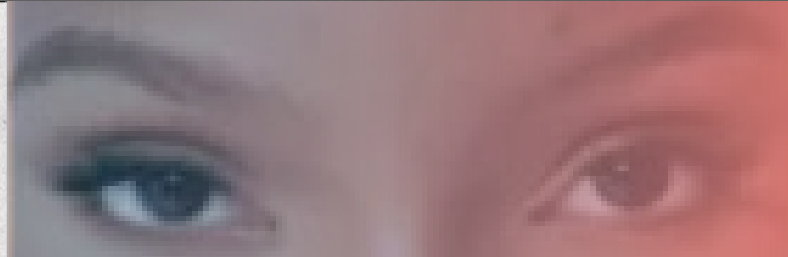
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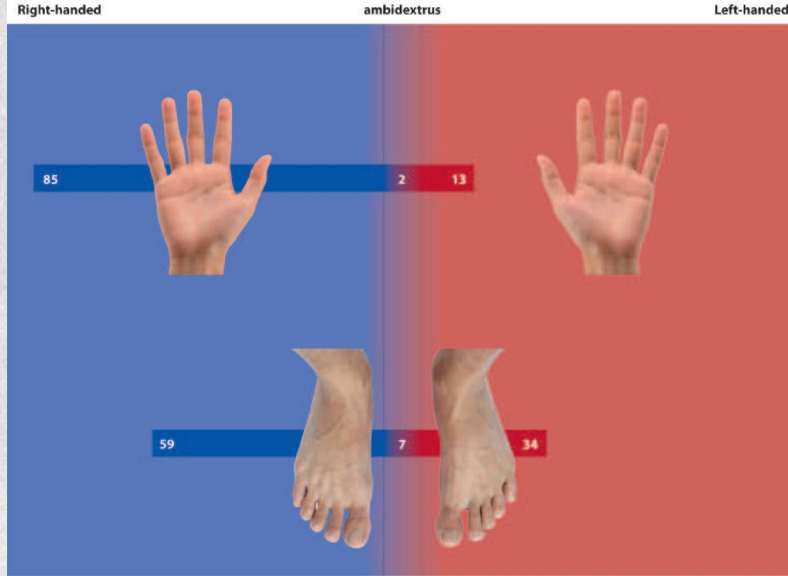


Eyedness



Images from:
Borod J.C., Caron H.S., Koff E. (1981). Asymmetry of facial expression related to handedness, footedness, and eyedness: a quantitative study. *Cortex*. 1981 Oct;17(3):381-90.

Handedness



Bessi, F. (2016). Laterality in artistic gymnastics. *Biodinamica* 30 (1).

Footedness

Many lateral asymmetries are aligned...

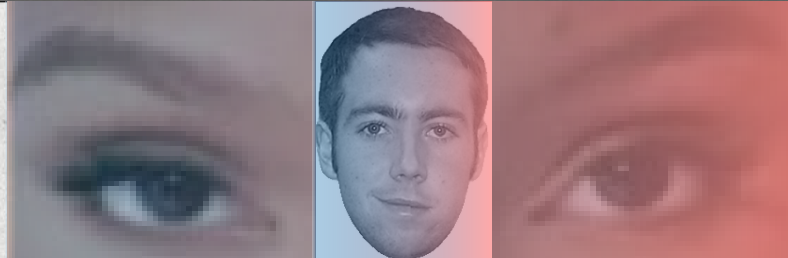


Lateral asymmetry (a.k.a. “-edness”)



Eyedness

Facedness



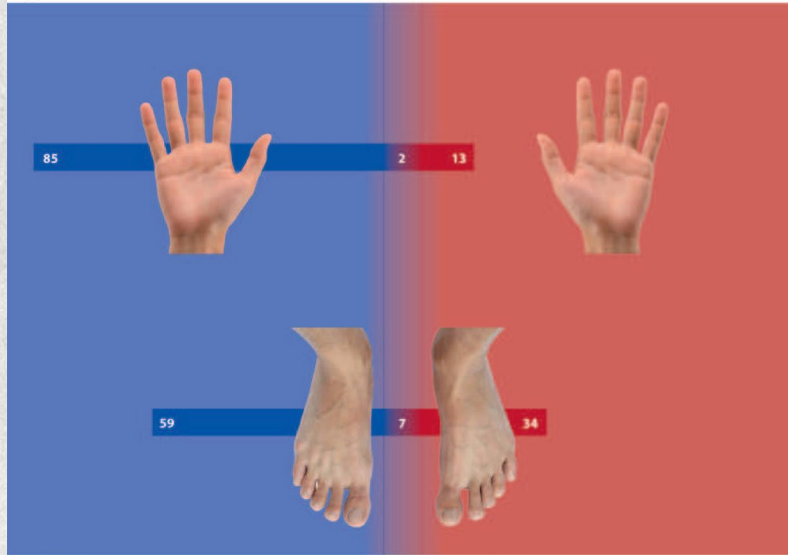
Right-handed

ambidextrus

Left-handed

Images from:
Borod J.C., Caron H.S., Koff E.
(1981). Asymmetry of facial
expression related to
handedness, footedness, and
eyedness: a quantitative study.
Cortex. 1981 Oct;17(3):381-90.

Handedness



Right-footed

ambidextrus

Left-footed

Bessi, F. (2016). Laterality in
artistic gymnastics.
Biodinamica 30 (1).

Footedness

Many lateral asymmetries are aligned...

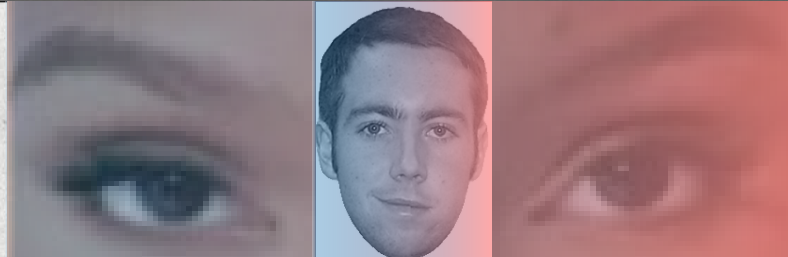


Lateral asymmetry (a.k.a. “-edness”)



Eyedness

Facedness

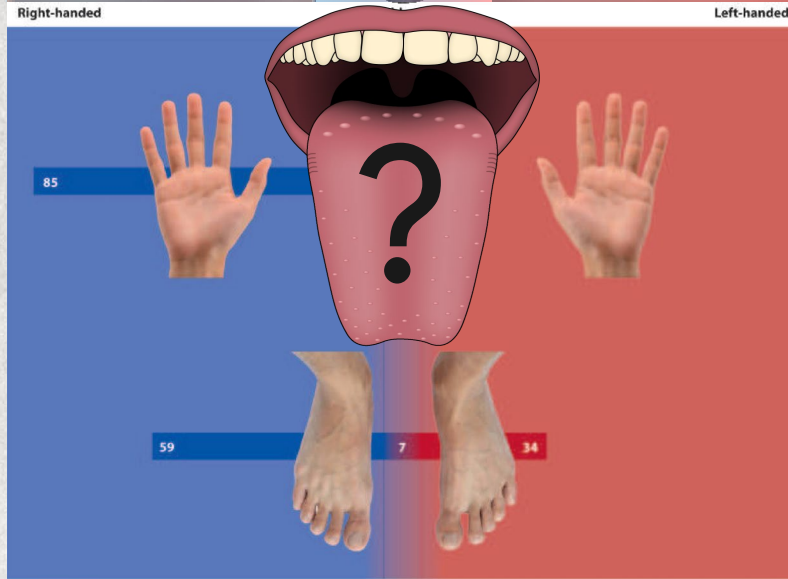


Right-handed

Left-handed

Images from:
Borod J.C., Caron H.S., Koff E.
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Handedness



Bessi, F. (2016). Laterality in
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Biodinamica 30 (1).

Footedness

Right-footed

ambidextrus

Left-footed



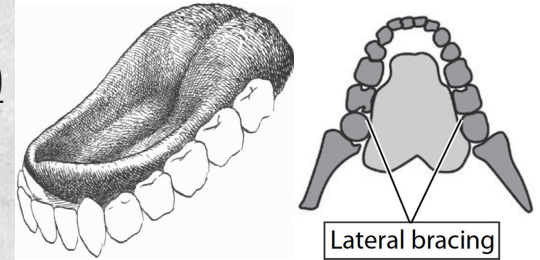
What about tonguedness?

Tongue Bracing



Speaking Tongues Are Actively Braced (Gick et al., 2017)

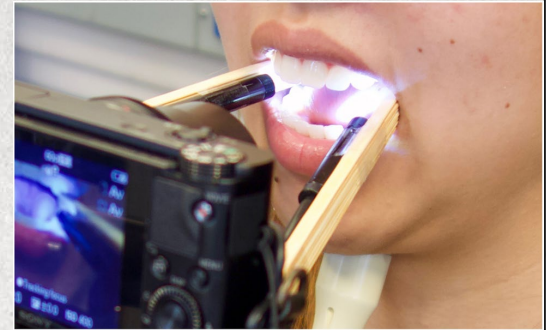
- Lateral bracing:
 - sides of tongue held against palate & upper molars
- Bracing maintained for 97.5% of running speech
- Lateral bias/asymmetry observed (more releases on one side than the other)



Q: Like other “-ednesses”! ...but which side is dominant?

Robustness of lateral tongue bracing under bite block perturbation (Liu et al. 2022)

- Perturbation study
 - Found lateral bracing is *necessary* for speech
- Biomechanical simulations
 - Identified bracing *agonist/antagonist* muscles



Background



This study:

Determine *muscular* dominance in lateral tongue bracing

- Q: In other “-ednesses,” muscles activate on the *same side* as movements
- Same for tongue?
 - Biomechanical simulations of tongue muscle activation
 - Effect of *hydrostatic* *properties of the tongue on lateral bracing

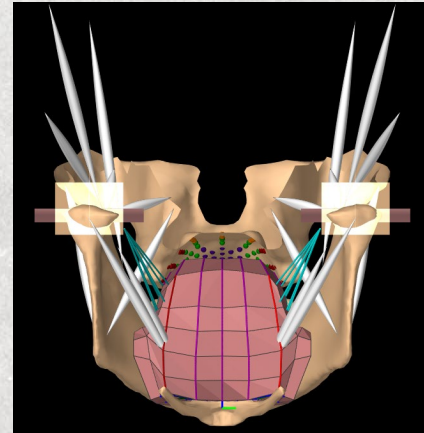
*(like a water balloon)



Methods

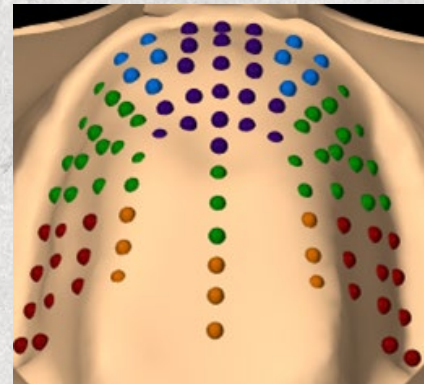
ArtiSynth biomechanical modeling platform (artisynt.org)

- Tongue, jaw, palate and hyoid complex



96 virtual contact sensors detect tongue-palate contact

- Varied activation of left-side muscles



Methods

Agonists

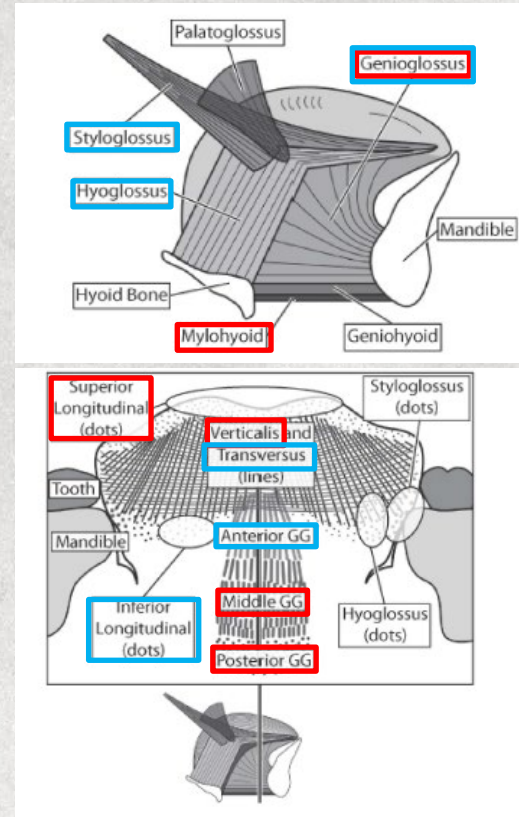
Muscles that *increase* bracing

- Raise/widen tongue
- *Posterior Genioglossus, Middle Genioglossus, Mylohyoid, Verticalis, Superior Longitudinal*

Antagonists

Muscles that *decrease* bracing

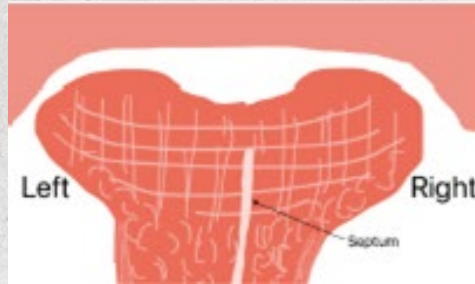
- Lower/narrow tongue
- *Anterior Genioglossus, Styloglossus, Hyoglossus, Transverse, Inferior Longitudinal*



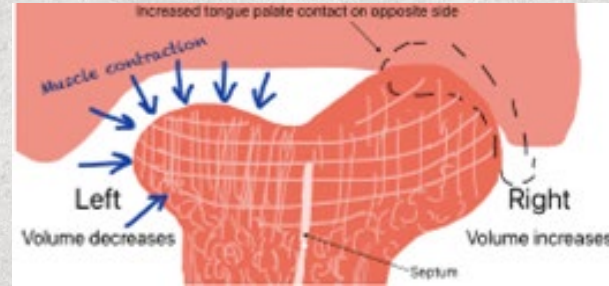
Results

- Preview of results:

Tongue muscle activations cause greater movements on the *opposite* side!



No activations

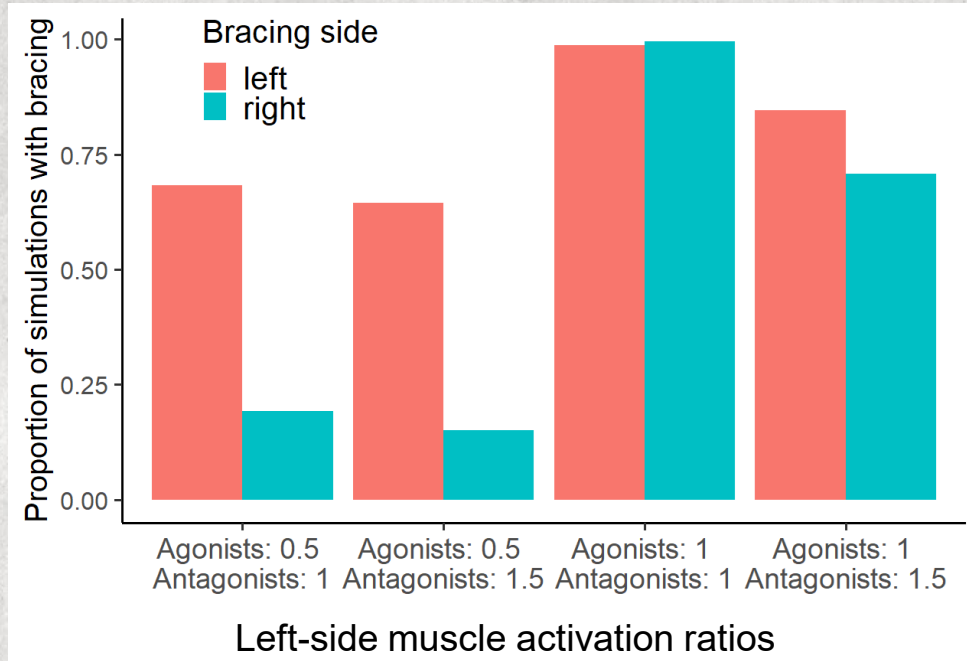


Muscles activated on the left

...because the tongue is a muscular hydrostat

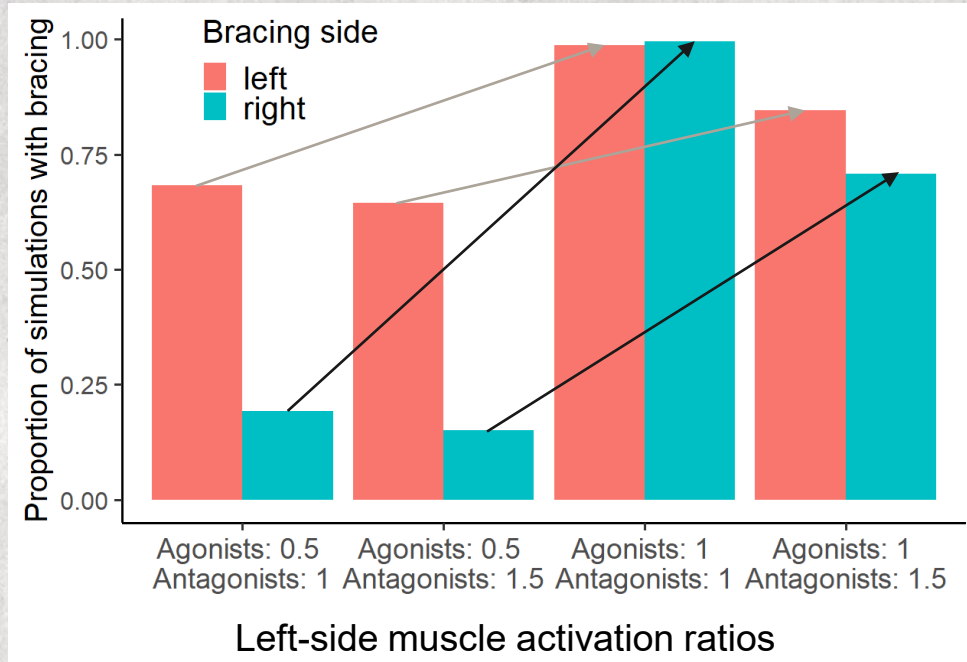
Results

- 2083 / 2528 successful simulations
- \uparrow L agonist activation = \uparrow L & R bracing



Results

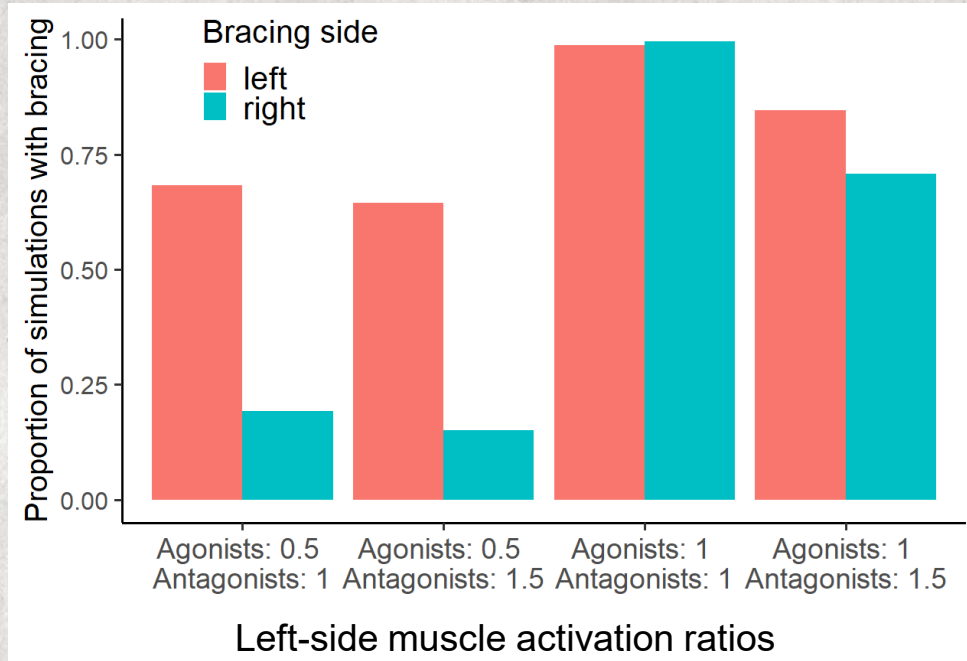
- 2083 / 2528 successful simulations
- \uparrow L agonist activation = \uparrow L & R bracing ...*but more so on the R (opposite) side*



Results

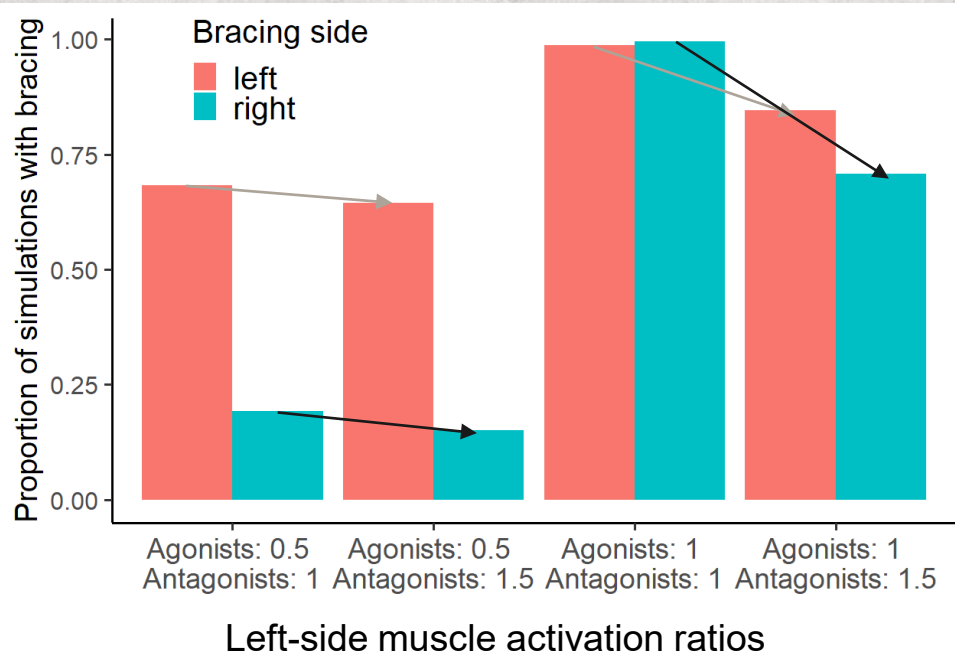


- 2083 / 2528 successful simulations
- ↑ L agonist activation = ↑ L & R bracing ...*but more so on the R (opposite) side*
- ↑ L antagonist activation = ↓ L & R bracing



Results

- 2083 / 2528 successful simulations
- \uparrow L agonist activation = \uparrow L & R bracing ...*but more so on the R (opposite) side*
- \uparrow L antagonist activation = \downarrow L & R bracing ...*but more so on the R (opposite) side*

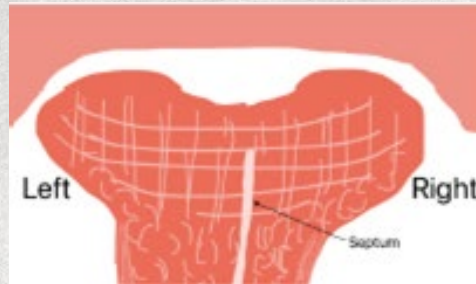


Discussion

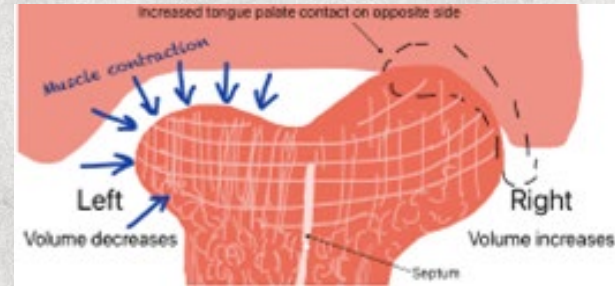


Bracing is enacted primarily by *contralateral* muscle activation
> because of the muscular-hydrostatic properties of the tongue

The dominant side in tonguedness may be the *opposite* of other “-ednesses”
> at least insofar as muscle activation matters



No activations



Muscles activated on the left





Thanks!

Do you have any questions?