

SABRINA STRINGS

Department of Sociology
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APPOINTMENTS

2015- University of California, Irvine
Assistant Professor of Sociology

FELLOWSHIPS

2017-2018 University of California, Irvine
Hellman Fellowship (\$37,700)

2013-2015 University of California, Berkeley
UC Berkeley Chancellor's Postdoctoral Fellowship
(Joint Appt. School of Public Health/Dept. of Sociology)

2012-2013 Pennsylvania State University
Postdoctoral Fellowship—Africana Research Center

EDUCATION

University of California, San Diego San Diego, CA
Ph.D. Sociology

University of California, San Diego San Diego, CA
M.A. Sociology

University of California, Berkeley Berkeley, CA
B.A. Psychology, High Honors

AWARDS

Outstanding Teaching for *Race, Sex, and Media*, Fall 2018
UC Irvine School of Social Sciences

American Sociological Association 2017 Distinguished Contribution to Scholarship Article Award, Race, Gender, Class section for "*Obese Black Women as Social Dead Weight: Reinventing the Diseased Black Woman.*"

BOOKS

Strings, Sabrina. 2019. *Fearing the Black Body: The Racial Origins of Fat Phobia*. NYU Press.

- ◆ Ms. Magazine's 2019 "Reads for the Rest of Us"
- ◆ Bitch Media's 2019 "15 Nonfiction Books Feminists Should Read This Spring"

- ◆ Colorlines's "#ColorlinesReads: Get Some Perspective With These 5 Books"
- ◆ "Author Meets Critics" 2020. Pacific Sociological Association Conference
- ◆ Reviewed in *Publisher's Weekly* (Starred review), *Lapham Quarterly*, *Fat Studies*

PUBLICATIONS

*graduate student

co-author

Journal Articles and Book Chapters

Strings, Sabrina. (Online ahead of print). "Women (Re)Making Whiteness: The Sexual Exclusion of the Fat 'Black' Irish." *Ethnic and Racial Studies*.

Strings, Sabrina, Irene Headen, and *Breana Spencer. (Online ahead of print) "Yoga as a Technology of Femininity: Disciplining White Women, Disappearing People of Color in *Yoga Journal*." *Fat Studies: An Interdisciplinary Journal of Body Weight in Society*.

Strings, Sabrina. 2019. "Fat as a Floating Signifier: Race, Weight, and Femininity in the National Imaginary." Pp 1-22 in *The Oxford Handbook of the Sociology of the Body and Embodiment*, edited by Natalie Boero and Kate Mason, NY: Oxford University Press.

Strings, Sabrina. 2018. "The Rapunzel Game: Racialized Hair Fetishes in Yoga Trainings" in *Yoga Rising 30 Empowering Stories from Yoga Renegades for Every Body*, edited by Melanie Klein, MN: Llewellyn.

Strings, Sabrina. 2017. "Black Women Are Undeniable." *Race and Yoga Journal* 2(1).

Strings, Sabrina and Tria Blu Wakpa. 2016. "Rethinking Yoga: Meditations on the Work We Do." *Race and Yoga Journal* 1(1).

Strings, Sabrina, Yamini K. Ranchod, Barbara Laraia, and Amani Nuru-Jeter. 2016. "Race and Sex Differences in the Association between Food Insecurity and Type 2 Diabetes." *Ethnicity & Disease* 26(3): 427-434.

Strings, Sabrina. 2015. "Obese Black Women as 'Social Dead Weight': Re-inventing the Diseased Black Woman." *Signs: Journal of Women in Culture and Society* 41(1): 107-130.

- ◆ Winner of American Sociological Association's Race, Gender, Class 2017 Distinguished Contribution to Scholarship Article Award.
- ◆ Top 4 Most Read Article in *Signs: Journal of Women in Culture and Society* (2018-2019).

Strings, Sabrina and Long T. Bui. 2014. "'She is Not Acting, She IS': The Conflict between Gender and Racial Realness on *RuPaul's Drag Race*." *Feminist Media Studies* 14(5): 1-15.

Strings, Sabrina. 2014. "Protecting What's White: A New Look at Stand Your Ground Laws." Pp. 160-162 in *Taking Sides: Clashing Views on Race and Ethnicity*, (reprint) edited by Raymond D'Angelo and Herbert Douglas. McGraw-Hill Education.

Edited Volumes

Strings, Sabrina. 2011. "Teaching Social Justice in Graduate Programs." In *Teaching Diversity*, edited by Jim Lin. University Readers.

Book Reviews

Strings, Sabrina. 2018. "Book Review: Every Body Yoga: Let Go of Fear, Get on the Mat, Love Your Body by Jessamyn Stanley." *Fat Studies* 8(1): 93-96

Strings, Sabrina. 2017. "Book Review: Mythologizing Black Women: Unveiling White Men's Deep Frame on Race and Gender by Brittany Slatton." *Contemporary Sociology*, 46(2): 215-217.

News and Magazine Features

2019. Photograph, featured in *L.A. Yoga*. Jan-Feb.

2017. "Should we Mix Yoga and Social Justice?" *Yoga International*. Apr. 19.

2015. "#Whatayogilooklike: Spotlight on Sabrina Strings." *Yoga International*, Nov. 30.

2015. "Top Yoga Studios Unite to Racially-Profile Black 'Yoga Thief'" *The Feminist Wire*. Feb. 2.

"Protecting What's White: A New Look at Stand Your Ground Laws." *The Feminist Wire*. Jan 30.

- Reprint by *Truth-Out.org*. Feb. 3, 2014.

MANUSCRIPTS IN
PREPARATION

Journal Articles

Strings, Sabrina. (Invited submission to *Sociology of Race and Ethnicity*). "What are We, Hottentots?" Blackness as a Foil in the White Female Imagination.

Strings, Sabrina (In Progress). "Agreeing Upon Respect: Activist Strategies to Navigate Racial and Gendered Classroom Dynamics"

MEDIA

Radio

All of It w/Allison Stewart. WNYC, NPR affiliate New York, NY. May 30, 2019.

Cover to Cover. KPFA Berkeley, CA. May 29, 2019

Think. KERA, NPR affiliate for Dallas, TX. May 28, 2019

1550 Today with Paul Roberts. WNTN-AM Boston, MA. May 24, 2019

Rising Up w/Sonali Kolhatkar. KPFA Berkeley, CA. May 22, 2019.

AM Ocala with Larry Whitler. WOCA-AM, Ocala, FL. May 13, 2019.

Super Talk Saturday Morning with Kristi Slaughter. WFHG-AM, Bristol, VA. May 4, 2019.

Black Talk Radio with Calvin Gantt. 88.9 FM Irvine/OC Public Radio. July 6, 2016.

Podcasts

“Food Heaven Made Easy,” May 23, 2019.
<https://foodheavenmadeeasy.com>

“The Body Kindness Podcast,” May 13, 2019.
<https://www.bodykindnessbook.com>

“Food Pysch with Christy Harrison” May 2, 2019.
<https://christyharrison.com/foodpsych>

“Yoga as a Tool for Social Change.” *Yoga and Body Image Coalition*. Nov. 4.
(<http://ybicoalition.com/yoga-as-a-tool-for-social-change/>)

Blogs

“Fat Phobia Affects Everyone” *From the Square*, May 15, 2019
<https://www.fromthesquare.org/strings-blog/#.XOwxVNNKhE4>

EDITORIAL
CREDITS

Co-Editor-in-Chief of *Race and Yoga* journal. University of California eScholarship Press. (https://escholarship.org/uc/crg_raceandyoga)

INVITED TALKS

2019. “Fat Phobia As Anti-Blackness.” Guest Lecture for Gender & Popular Culture, UC Irvine (Apr 18).

2019. “You’re Not an Impostor, You’re an Outsider.” Navigating Microaggressions Workshop, Decade Program, UC Irvine (Feb 25)

2018. “Fear of the Big Black Body: Slavery, Race, and the Making of the Savage Fat Black Female” Aaron Cicourel Lecture, UC San Diego Department of Sociology (Apr 26)

2016. “Thin, White and Saved: Fat Stigma and the Fear of the Big Black Body.” Keynote Presentation, UC San Diego Sociology Graduate Student Conference (May 20)

2015. “Racial and Gender Differences in the Association Between Food Insecurity and Type 2 Diabetes.” UC Irvine School of Public Health (Jan 26)

2014. “Fear of the Big, Black Body: The History of Fat Fright and the Thin Ideal.” The Body Mass Index: Myth or Reality? Conference at the Rutgers Robert Wood Johnson Medical School (Apr 7)

SELECTED PRESENTATIONS

2019. "Black Girls Om Too: Black Women's Bodies & Resistance to the Visual and Narrative Rhetoric of Yoga" National Women's Studies Association Conference, San Francisco (Nov 14-17).

2019. "Fat as a Floating Signifier: Race, Weight, and Femininity in the National Imaginary" Pacific Sociological Association, Oakland (Mar 29)

2019. "Fearing the Black Body: The Racial Origins of Fat Phobia" Women's, Gender, and Sexualities Histories of the Americas Consortium at UCLA. (Mar 8)

2018. "Our Anglo-Saxon Mother: Lady Mary Wortley Montagu and the Birth of the American Slender Ideal" Somerville College, Oxford University, UK (Aug 2)

2017. "Hidden Lineages: Women of Color as Yoga Teachers." Spiritual Justice Immersion. Oakland Yoga Studio (Feb 11)

2016. "The Womyn's Burden: Yoga for Embodied Trauma and Medical Disenfranchisement" Yoga and Social Justice Conference, Ed Roberts Campus, Berkeley (Jun 11)

2015. "The Racial and Sexual Biopolitics of Yoga: Making (White) Women Hotter." American Sociological Association Meeting, Special Panel (Aug 22)

2014. "Obese Black Women as 'Social Dead Weight': Re-inventing the Diseased Black woman." American Sociological Association Meeting (Aug 17)

PROFESSIONAL SERVICE

2019 Reviewer for book manuscript, Routledge Press

2019 Reviewer for UC President's Postdoctoral Fellowship

2018-Present. Chair of the Implicit Bias Subcommittee for the Associate Dean's Graduate Student Diversity Inclusion and Development Committee

2018-2019 Reviewer for Endowed Fellowships for Graduate Students, UCI

2017-present Faculty Advisory Board Member for UC Irvine Community Resilience Projects, Office of Sustainability

2017-2018 Membership Chair for ASA Body and Embodiment Section

2017 Faculty Judge for the #BlackLivesMatter essay contest, African American Studies Department, UC Irvine.

2017 Reviewer for the 2018 Society of Behavioral Medicine Annual Conference

2016-2018 Council Member for ASA Body and Embodiment Section

2016 Session Organizer for Cultural Sociology Section, ASA Annual Meeting, Seattle WA

2016 Reviewer for UC President's Postdoctoral Fellowship

2016 Co-organizer of the *Yoga Justice, Yoga Violence* Conference at Mills College (Apr 22)

2015 Reviewer for *Gender and Society*

2015 Reviewer for *Race and Social Problems*

2015 Co-organizer of the *Yoga (R)evolution?* Conference at UC Berkeley (Apr 10)

2014 Co-organizer of the *Yoga and Access: Questions of Inclusion* Conference at UC Berkeley (Apr 25)

2010-2011 Vice President of Diversity Affairs for the Graduate Student Association. University of California, San Diego